



The **Waldorf Freedom** is a Rising U12 WAGSL team. The Fall season will be the start of our 3rd year playing in WAGSL (Washington Area Girls Soccer League). We are looking for quality and dedicated players to complete a 14 girl roster. The team is coached and trained by Rick Lesko and Gary Lesko.

*Coach Rick has been coaching youth soccer for 7 years and holds an E license. As a player, he was 1st team mid Atlantic region Division 2 while at Charles County Community College after 4 years of soccer at Thomas Stone High School.*

*Coach Gary began coaching 12 years ago while still in college at Frostburg State and holds a "D" coaching license. He has been the Head Boy's Varsity Soccer coach at two different Charles County high schools (Lackey and now North Point) throughout the past eight years. While at Frostburg, his team captured 4 AMCC regular season championships and a berth in the NCAA Tournament.*

<b>Fall Season 2010</b>	<ul style="list-style-type: none"> <li>• Summer Conditioning, such as running and ball touches (June-July)</li> <li>• Local area Scrimmages (August)</li> <li>• Practice on Tues / Thurs at Jennifer ES Waldorf (6:00pm -7:30ish)</li> <li>• Weekend WAGSL games (~9) in the Washington DC area</li> <li>• 3 Tournaments (minimum) 2 local, 1 away (End of August/Labor Day Weekend, Columbus Day Weekend, Early/Mid Nov)</li> <li>• \$450-\$550 per Player</li> </ul>
<b>Winter Season 2010-11</b>	<ul style="list-style-type: none"> <li>• Winter Conditioning</li> <li>• Practice twice per week at an indoor facility and some Scrimmages</li> <li>• Weekend FUTSAL games (~8) at the Capital Clubhouse</li> <li>• Potentially 1 Tournament</li> <li>• \$200-\$250 per Player</li> </ul>
<b>Spring Season 2011</b>	<ul style="list-style-type: none"> <li>• Local area Scrimmages (March)</li> <li>• Practice on Tues / Thurs at in Jennifer ES Waldorf (6:00pm -7:30ish)</li> <li>• Weekend WAGSL games (~9) in the Washington DC area</li> <li>• 3 Tournaments (minimum) 2 local, 1 away (March, April, Memorial Day weekend)</li> <li>• \$450-\$550 per Player</li> </ul>

**Fees**

- Some of the Season Fees per Player listed above can be offset by Fundraising efforts
- Player Uniform cost: ~\$185 (one-time fee)
- ***There will be a \$125 non-refundable deposit due at the first team meeting in June.***



## Frequently Asked Questions (FAQs)

1. Is this a year around soccer program?

Yes, the team plays fall, winter indoor, winter conditioning and spring.

2. Does the team have a website?

[http://waldorfsoccer.com/travelteampages/waldorffreedom/index\\_E.html](http://waldorfsoccer.com/travelteampages/waldorffreedom/index_E.html)

3. How many times per week do you practice and how long is practice?

Practices are 2 times per week – 1 ½ to 2 hours per night.  
Practice days are generally Tuesday & Thursday nights

4. Where do you practice?

Traditionally at Jennifer Elementary School in Waldorf, MD.

5. Do you participate in tournaments?

Yes, teams will generally participate in at least 3 tournaments during a season or 6 tournaments per year.

6. Is Indoor soccer or FUTSAL mandatory?

Yes, but will have a related attendance policy through the winter.

7. How far do you travel for games and tournaments?

- MD, DC, VA for league games. Games have been up to 1 ½ hour away.
- As far as NJ and NC for tournaments.



## TEAM WALDORF FREEDOM GUIDELINES

### GIRLS U12 2010 – 2011

Freedom Players will have an account created for them. Funds in individual player accounts are to be used for authorized soccer team related expenses only, as determined by the head coach. Examples include team uniforms, equipment and supplies, participation in tournaments, registration fees, end of season party expenses, etc. A prorated portion of the team's expense will be deducted from the player's account with notice given to the parent by the Team Treasurer. **Since attendance is expected at all team events, charges are divided equally between all players and will be deducted from the players account regardless of participation.** Notices of account balances will be provided during each season by the Team Treasurer (or on an as needed basis).

To ensure solvency of the (overall) Waldorf Freedom Team account, a minimum positive balance of \$100 in each player's account is requested to be maintained over time to care for on-going Team expenses. Team benefits, i.e. participation, may be withheld if minimum balances are not maintained in an individual player's account. Deposits can be made as needed/desired to cover upcoming expenses. Checks should be made payable to 'Waldorf Freedom' referencing the player's name on the check.

If, for whatever reason, a player does not continue with the team, any monies deposited by the parents and not used will be refunded to the parent. **Any monies raised and deposited as a result of fundraising will stay with the team in a general account.**

Fundraising opportunities are typically offered two or three times a year. Profits are earned based on a player's participation. For example, any profits received from an individual player's sales of Joe Corbi's are deposited directly into her account. If any player is unable to participate or chooses not to participate in a fundraiser (for whatever reason), the funds raised for that event will not be distributed into the player's account.

All Freedom players are committed both financially and personally to the team. Freedom players are expected to attend all practices, games and tournaments.

Freedom parents and players are expected to conduct themselves in a sportsmanlike way at all team events.

Team group emails are to be only used by Team Manager or those individuals designated by the Head Coach or Team Manager. Team group emails will not be used for soliciting purposes of any kind.